

**I.U.P.A.T. DISTRICT COUNCIL 38**  
**MEMBERSHIP ASSISTANCE PROGRAMME**  
~ APPLICATION FOR REIMBURSEMENT ~

Member's Social Insurance Number: \_\_\_\_\_ Date: \_\_\_\_\_

Member's Name (Please Print): \_\_\_\_\_

Name of Person (other than the member) Who Received Counselling (i.e., dependent):  
\_\_\_\_\_

Address: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Date(s) of Treatment: \_\_\_\_\_

Were you referred for counselling by your family Doctor?: Yes \_\_\_\_\_ No \_\_\_\_\_

Type of Counselling: \_\_\_\_\_ Emotional or behavioural \_\_\_\_\_ Hypertension, pain control  
\_\_\_\_\_ Marital or family \_\_\_\_\_ Life threatening illness  
\_\_\_\_\_ Grief and bereavement \_\_\_\_\_ Drug/alcohol  
\_\_\_\_\_ Stress \_\_\_\_\_ Learning  
\_\_\_\_\_ Other (explain) \_\_\_\_\_

Name and address of counsellor or counselling firm: \_\_\_\_\_  
\_\_\_\_\_

Amount Claimed: \$ \_\_\_\_\_

Cost per Session: \$ \_\_\_\_\_

\_\_\_\_\_  
Signature of Member

\_\_\_\_\_  
Date of Application

***This Section for Office Use Only:***

Date of Coverage: \_\_\_\_\_ Type of Coverage: \_\_\_\_\_

Previous Claim: \_\_\_\_\_

Type of Service: \_\_\_\_\_ Number of Sessions: \_\_\_\_\_

Amount of this Claim: \$ \_\_\_\_\_ Reimbursement @ 80%:

Date Processed: \_\_\_\_\_ Adjudicator:

Information provided to the I.U.P.A.T. District Council 38 Health & Welfare Plan by the Member will be held in strict confidence.

Return the completed form PLUS original receipts to:

District Council 38 Health & Welfare Plan  
7621 Kingsway, Burnaby, B.C. V3N 3C7  
(604) 524-8334 or Toll Free: 1-800-266-1527

## **District Council 38 Health & Welfare Plan Membership Assistance Programme**

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The Program is designed to assist members and their families with problems that, until recently, were seldom recognized or supported. The Program provides members and their families with access to a full range of counselling services which will be administered in strict confidentiality. It is comprehensive, flexible and easy to use.

There is no need for a referral from your Family Doctor or anyone else. It is the member's choice of a legitimate professional counselling service.

### **ADMINISTRATION**

The Program will be based on a reimbursement basis for services. To ensure confidentiality, the counsellor will not be asked for a report. The member will submit paid receipts on a claim form and will be reimbursed at a rate of 80% to a maximum of 80% of \$750.00\* per family, per calendar year. (\*Effective January 1, 2004)

### **SERVICES COVERED**

The Plan covers all health related counselling services provided by Psychologists and legitimate professional Counsellors. These services include assistance with:

- Emotional and behavioural problems, including all diagnostic and treatment services.
- Marital or family problems including marriage counselling.
- Adjustment problems including grief and bereavement.
- Career related stress reactions.
- Diagnosis and treatment of learning problems.
- Medical disorders having an emotional component including hypertension, pain control (in co-operation with your family Doctor).
- Coping with life-threatening illnesses (in co-operation with your family Doctor).

### **WHAT SERVICES ARE NOT COVERED?**

Services provided by the Provincial Government or a Government Agency, including Workers' Compensation Board or the Insurance Corporation of British Columbia or services provided by the Construction Industry Rehabilitation Plan, or services covered under the Extended Health Care Plan or Agency established with the I.U.P.A.T. Collective Agreements are not covered.

### **WHO IS ELIGIBLE FOR BENEFITS?**

Members and their registered dependents who are currently covered under the District Council 38 Health & Welfare Plan are eligible for benefits provided by the Members' Assistance Program.

*Please Note: All expenses incurred in a given year MUST be submitted prior to June 30<sup>th</sup> of the following year.*